

FFSC Naples January 2007 Calendar

Employment and Career Opportunities in Naples will be offered **January 2nd & 16th** at **FFSC, Support Site** from 9:00 A.M.-12:00 P.M. The class provides spouses information on where local jobs are posted, how to apply for them, and military spouse preference guidelines. To sign-up call 081-811-4896.

Buyer Beware will be offered **January 4th** at the **FFSC, Support Site** from 9:00 A.M. – 12:00 P.M. This seminar helps raise consumer awareness by providing insight on a multitude of consumer issues like: frauds, scams and Ponzi Schemes. Participants will also be provided with information on consumer combat strategies and how to resolve consumer complaints. To sign-up call 081-811-4896/6372.

Effective Resume Writing will be offered **January 4th** at **FFSC, Support Site** from 9:00 A.M.-12:00 P.M. The class provides instruction on how to write both Federal Style Resumes and Private Industry Resumes. To sign-up call, FFSC at 081-811-4896/6372.

Smooth Move will be offered **January 5th** at **FFSC, Support Site** from 8:00 AM- 2:00 PM. Don't let your upcoming transfer catch you off guard, and start planning today. To sign-up call 081-811-4896.

Neapolitan Cooking will be offered **January 5th** at **FFSC, Support Site** from 9:00 A.M. – 1:30 P.M. Want to learn to cook some authentic Neapolitan dishes from a Neapolitan? These hands-on classes will help you to prepare and enjoy traditional Neapolitan recipes such as bruschette, gnocchi, and tiramisu. Registration begins 21 days before the class and the cost is (8 /-Euros). Call the ICR Dept. at 081-811-6555/2/1 to sign-up.

Transition Assistance Program –Pre-Retirement (TAP CLASS) will be offered **January 8th –11th** at the **FFSC, Support Site** from 8:00 A.M. – 4:00 P.M. Call your command career counselor to sign up.

Career Explorations Workshop will be offered **January 8th** at the **FFSC, Support Site** from 9:00 A.M.–12:00 P.M. This seminar provides essential resources in identifying career interests and evaluating skills in support of developing a career plan. This is a useful workshop for persons that may be unsure about their career plans, which are changing careers, or re-entering the work force. To sign-up call 081-811-4896/6372.

Deployment Support Group will be offered **January 9th & 23rd** at **FFSC, Support Site** from 2:00PM-4:00PM. Come and network with other spouses and learn how to manage some of the challenges that you face during your family member's deployment. Relevant topics will be discussed or presented at every session. To sign up or for more information call 081-811-6547.

Developing Your Spending Plan will be offered **January 10th** at the **FFSC, Support Site** from 12:30 P.M. – 3:00 P.M. This course is designed to develop knowledge and skills that will enable participants to establish a personal spending plan that can be adapted to suit individual's unique circumstances. To sign-up or for more information call 081-811-4896/6372.

Interviewing Techniques will be offered **January 11th** at the **FFSC, Support Site** from 9:00 A.M.–12:00 P.M. The class provides instruction on how to prepare for and participate in job interviews. Call 081-811-4896/6372 to sign-up.

CFS Forum will be offered **January 12th** at **FFSC, Support Site** from 1:00 P.M. – 3:00 P.M. Command Financial Specialist Training for command assigned Financial Counselors. Call to sign up at 081-811-6372.

Tips on Italian Housecleaning will be offered on **January 12th** at the **FFSC, Support Site** from 10:00 A.M. – 12:00 P.M. Learn useful information to tackle the Italian house. Call the ICR Office at 081-811-6555/2/1 to sign-up.

Saving and Investing will be offered **January 18th** at the **FFSC, Support Site** from 9:00 AM – 12:00 PM. Designed to develop knowledge and skills that will enable participants to save and invest effectively to achieve their financial goals. Call 081-811-4896 to sign-up.

Anger Management will be offered **January 18th** at **FFSC, Support Site** from 8:00AM – 12:00PM. Learn basic techniques to know how to control anger, and how to minimize the stress that can cause it. Call 081-811-6533 to sign up.

Home Buying Seminar will be offered **January 19th** at the **FFSC, Support Site** from 9:00 A.M.-12:00 P.M. This seminar provides information on how to buy a home that will best suit your family's needs and finances. Call 081-811-4896 to sign-up.

Stress Management Workshop will be offered on **January 19th** at **FFSC, Support Site** from 9:00AM-12:00PM. This workshop will help you understand what stress is, recognize various responses to stress, and learn valuable tools and techniques to effectively manage stress. To sign up or for more information call 081-811-6533.

Neapolitan Espresso Coffee will be offered on **January 19th** at **FFSC, Support Site** from 10:00AM – 12:00PM. Learn about the origins of coffee, a few secrets on how to make an authentic homemade espresso, and more, (3/-Euro) cost for class. Call the ICR Dept. at 081-811-6551/2/5.

Mid-Career CONSEP Workshop will be offered **January 22nd – 25th** at the **FFSC, Support Site** from 8:00 A.M. – 4:00 P.M. This class provides personnel with the education needed to make informed career and lifecycle decisions. It includes in-depth training in the areas of Personal, Financial, and Professional Planning. To sign-up or for more information call 081-811-4896/6372.

Thrift Savings Plan will be offered on **January 24th** at the **FFSC, Support Site** from 12:30 P.M.–3:00 P.M. This course helps service members understand the importance of early participation, and how TSP is the key to Financial Independence. Call 081-811-4896/6372 to sign-up.

Sponsorship Training will be offered **January 25th** at **FFSC, Support Site** from 8:00 AM-10:00AM. To be a sponsor is a duty; to be a great one is to make a difference! To sign up, call 081-811-6372/4896.

Debt/Credit Management will be offered **January 25th** at the **FFSC, Support Site** from 9:00 A.M. -12:00 P.M. The class presents a hands-on skills-building session dealing with debt/ credit management. Call 081-811-4896 to sign up.

Wines of Campania will be offered **January 25th** at the **FFSC, Support Site** from 10:00 A.M-12:00 P.M. Become familiar with the finest and most famous wines of the Campania region, such as: Greco di Tufo, Aglianico del Taburino, Asprino, Taurasi, Lachryma Christi. This is a great opportunity to learn the different winemaking processes, the proper combination of wines with food, and price range. Call the ICR office at 081-811-6555/2/1 to sign-up.

Neapolitan Cooking for children will be offered **January 26rd** at **FFSC, Support Site** from 9:00 A.M. – 12:00 P.M. Children will learn how to cook some simple Italian recipes. Registration deadline is Oct. 31st and the cost is (6 /-Euros). Call the ICR Dept. at 081-811-6555/2/1 to sign-up.

Transportation from Support Site to Naples will be offered **January 30th** at the **FFSC, Support Site** from 7:30 A.M.–2:00 P.M. Learn how to use public transportation. We will ride the bus, visit the Central Station, learn about the national system and a lot more. Call the ICR office at 081-811-6555/2/1 to sign-up.